

Learning Strategy

Learning Strategies are the thoughts and actions that help make learning easier or more effective.

The learning strategy for this lesson is *Classify*. When we *classify* we sort things into categories, or look for things that are different or the same. *Classifying* helps us to organize and remember new information.

In this lesson, Anna *classifies* foods into two groups: healthy and junk food. She knows that she should eat more healthy foods. But she also likes to have some junk foods, like ice cream.

Do you ever *classify* the new things you are learning in English? Write to us about it in the Comments section or [send us an email](#). Teachers, see the [Lesson Plan](#) for more details on teaching this strategy.